



# Adult Health History

*This health history record/consent for emergency medical treatment form should be completed by any adult participating in troop activities and returned to the troop leader in an envelope with adult's name written on outside. The troop leader will keep this form with the troop's permanent files. For each additional Girl Scout year please have parents review and make the necessary updates, initial and date the last page of the form. Please complete a new form if there are numerous or important changes*

Adult's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

### Emergency Contact Information:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Phone number(s) \_\_\_\_\_

### Physician/Insurance Information

Name of family physician \_\_\_\_\_ Phone \_\_\_\_\_

Name of family dentist/orthodontist \_\_\_\_\_ Phone \_\_\_\_\_

Family medical/hospital insurance carrier \_\_\_\_\_

Policy or Group number \_\_\_\_\_

### Part I: Illness and injuries (check all that apply)

- Ear infection       Bleeding/clotting disorders       Hypertension       Asthma
- Heart defect/disease       Musculoskeletal disorders       Seizures       Diabetes
- Hypoglycemia       Other: \_\_\_\_\_

Date of last health examination: \_\_\_\_\_

What, if any, complicating medical problems were noted? \_\_\_\_\_

### Part II. Allergies (check all that apply and specify the nature of the allergy)

- Animals       Insect Stings: \_\_\_\_\_       Hay Fever/Pollen
- Plants       Food: \_\_\_\_\_
- Medicine/Drugs: \_\_\_\_\_       Other: \_\_\_\_\_

### Part III. Other Health Conditions (check all that apply)

- Constipation       Fainting       Hearing Impairment       Menstrual Cramps
- Motion sickness       Nosebleeds       Sickle Cell trait/disease       Special Diet regimen
- Sleep disturbances       Glasses or contacts       ADD & ADHD       Other: \_\_\_\_\_

If you checked any of the above, please explain any details we should know: \_\_\_\_\_

**Part IV. Immunization History**

Year of last booster

Tetanus \_\_\_\_\_

Other \_\_\_\_\_

**Part V. Current Medications**

This person  takes **NO** medications on a routine basis  
 Takes prescription/over-the-counter medications as follows:

Med #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Med #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

*Attach additional pages for more medications or additional medication information.*

**Consent for Emergency Medical Treatment**

I do hereby state that in case of my unconsciousness and unavailability of my emergency contact, I authorize the Girl Scout leader or adult in charge to consent to any necessary health care including: examination, medical diagnosis, anesthetic, surgery, or other treatment, and/or hospital care to be rendered to me under the supervision of and/or advice of a licensed physician.

Adult's Signature \_\_\_\_\_ Date \_\_\_\_\_

Please use this area to further explain any items checked and provide any information that would be useful to the adult(s) in charge. Please also tell us about any activities that should be encouraged or restricted.

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Adult initials that information on this form is still current \_\_\_\_\_ Date \_\_\_\_\_

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