


girl scouts
of northern indiana
michiana

COVID-19 Awareness Fun Patch Challenge

What is COVID-19? Also called the Coronavirus, it is a respiratory illness that can spread from person to person. The word “respiratory” means inhaling and exhaling air, or breathing. Learn more about COVID-19 and what you can do to help by completing the following activity, and you’ll earn this fun patch!



1. What are the three symptoms of COVID-19?
2. How does COVID-19 (or any illness) spread? List two ways.
3. How long should you wash your hands? Name a song that you can sing that is the same amount of time.
4. What is the proper way to sneeze?
5. What does “social distancing” mean? How does it help?
6. Multiple choice: When should you wash your hands?
a. Before eating b. After using the bathroom c. After coughing
d. After sneezing e. When hands are visibly dirty f. All of the Above
7. List three things you can do to help yourself and others not get sick.
8. It’s okay to talk about your feelings. Who could you turn to?

Submit completed sheet to shop@gsnim.org. Contact us at 800-283-4812 ext. 5 to purchase patch for \$1.50 (includes shipping). While supplies last. Patch may change due to availability.

Name _____

Phone _____ Troop _____