



Girl Scout Traditions

Fun Patch Activity

Traditions give Girl Scouts a sense of history—and inspire them to be the best they can be. Sharing traditions with millions of Girl Scouts—and the huge network of Girl Scout alumnae who came before them—helps remind girls they belong to a big, powerful, and inclusive sisterhood. Learn about specific traditions—S.W.A.P.S, Songs and Ceremonies—by completing the following activities to earn a fun patch!

Complete the following number of activities from each column:

Daisies- 2 Brownies- 3 Juniors- 4 Cadettes, Seniors, and Ambassadors: 5

S.W.A.P.S

- What does S.W.A.P.S stand for?
- Research S.W.A.P.S history. When were some of the first known S.W.A.P.S meets?
- Find some examples of S.W.A.P.S etiquette.
- Make your own unique S.W.A.P.S. Try to use recycled materials or things you already have at home! Bottle caps, paper clips, ribbon, pipe cleaners, stickers, or anything else you can think of!
- Research images of S.W.A.P.S. Show your three favorite to a friend or family member.
- Teach a younger sibling, Girl Scout, or friend about S.W.A.P.S.
- Exchange S.W.A.P.S with another Girl Scout. Remember to follow etiquette!
- Locate an upcoming S.W.A.P.S meeting near you.
- Recreate a SWAP you found online.
- Research different ways girls display their SWAPS. What's your favorite?

Songs

- Learn the Brownie Smile Song
- Watch/Find 3 videos of Girl Scout songs
-examples: "On My Honor," "We Change the World" or "Make New Friends" on YouTube by Melinda Carroll music
- Record yourself singing a Girl Scout Song. Post it if you'd like!
- Compile a song book of your favorite Girl Scout Songs.
- Teach a song to a younger sibling or girl/troop. Feel free to use virtual tools!
- Host a live sing-along—either online or in person.
- Learn a song in a different language. Try Spanish, Italian, French, or even American Sign Language!
- Sing this song with a female family member or friend:
(To the tune of *No Man is an Island* by The Lettermen)
*No girl is an island, no girl stands alone
Each girl's joy is joy to me, each girl's dream is my own
We need one another, so I will defend
Each girl as my sister, each girl as my friend*
- Does your level have a badge that involves music?
Brownie- Dancer (You need music to dance, right?) Junior- Musician, Brownie/Junior/Cadette/Senior/Ambassador- GS Way. Learn about the requirements for your badge and see if you have completed any.
- Write your own song! You can write both lyrics and music, or just lyrics to the tune of a song you know.

Ceremonies

- What is a Ceremony? Why is it important in Girl Scouting?
- Learn how to perform an opening and closing flag ceremony.
- Perform an opening and closing flag ceremony.
- Learn about the history of bridging ceremonies.
- Participate in or attend a bridging ceremony.
- Learn what an investiture or rededication ceremony is.
- Create a "Girl Scout's Own" ceremony. What is your theme or purpose? How does it begin and end?
- What is World Thinking Day? Learn about a World Thinking Day ceremony.
- Read a script or watch a video of a ceremony you have never done or heard of.
- What is a Girl Scout Bronze/Silver/Gold Award Ceremony? What is the typical format?

Submit completed sheet to shop@gsnim.org. Contact us at 800-283-4812 ext. 5 to purchase patch for \$1.50 (includes shipping). While supplies last. Patch may change due to availability.

Name _____

Phone _____

Troop _____