

Nature Exploration Program

Recommended Supplies for Suggested Activities.

Activity: Salt Dough Necklaces

Supplies

- 1 cup flour
- ½ cup Salt
- ½ Cup Warm Water
- String
- Cookie Cutter
- Straw
- Acrylic Paint
- Paint Brushes

Steps

1. Preheat oven to 250 degrees
2. Mix ingredient together, knead dough.
3. Use a rolling pin and roll dough out to ¼ inch thick.
4. Use a circle or oval shape cookie cutter
5. Use a straw to cut out a hole for the string
6. Place cookies on parchment paper or foil and place in the oven
7. Bake for 2 hours at 250 degrees (Check often)
8. Take out of oven and cool
9. Paint your cookies.

Activity: Earth Day Cookies

Ingredients

- 2 ¼ cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 cup (2 sticks) butter, softened
- ¾ cup granulated sugar
- ¾ cup packed brown sugar
- 1 teaspoon vanilla extract
- 2 large eggs
- Food coloring: Blue and Green

Directions

1. Preheat oven to 375 degrees F.
2. Combine flour, baking soda, and salt in small bowl, beat butter, granulated sugar, brown sugar, and vanilla extra in large mixer bowl until creamy. Add eggs, one at a time, beating well after each addition. Gradually beat in flour mixture. Separate mixture into two bowls. Add green food coloring to one bowl and blue food coloring to other.
3. Take a small amount from each bowl and roll together into a ball.
4. Bake for 9-11 minutes or until golden brown. Cool on baking sheet for 2 minutes, remove to wire rack to cool.