



# Super Starter Checklist and Guidelines

Troop \_\_\_\_\_ Submitting Volunteer \_\_\_\_\_

\*\*\*Please complete activities following COVID safety guidelines\*\*\*

## Membership

### BE A STRONG AND SUSTAINABLE TROOP

- ✓ Have room for **at least 12** girls in your troop; keep your troop visible for new girl registration in the Opportunity Catalog if troop is less than 12 girls
- ✓ Have **at least 2** unrelated adults registered and background checked

## Volunteer Readiness

### BE PREPARED

- ✓ Have a volunteer trained in First Aid/ CPR
- ✓ Have **at least 1** volunteer complete the *New Leaders Guide to Success* and *GSUSA Successful Leader learning Series* trainings on gsLearn within 3 months of becoming a troop
- ✓ Host a parent meeting
  - Examples of what to discuss, depending on your troop's situation:
    - Snack schedule/ sign up
    - Methods of troop communication
    - Any needed supplies that can be donated
    - Uniform guidelines
    - Ways adults can help
    - Money – any dues and goals
    - Field trip and permission requirements
    - Expectations for parents and girls including COVID safety guidelines



# Troop Management:

## GET ALL YOUR DUCKS IN A ROW

- ✓ Decide on a troop treasurer
- ✓ Open your troop bank account and submit your *Bank Information and Agreement* form
- ✓ Have the **troop treasurer** complete the *Troop Finance Basics* training on gsLearn
- ✓ Send a volunteer to attend **1 or more** Service Unit meeting(s)
- ✓ Create a year plan on the Volunteer Toolkit (VTK)

# Sisters Together

## DO SOMETHING FUN

- ✓ Hold regular meetings  
Recommended frequency for D/B/J is weekly or bi-weekly for 1 hour, 1.5 hours if snack is involved
- ✓ Earn 2 Badges or petals, including 1 Cookie Badge or leaf

Our favorite badge/ petal activity was \_\_\_\_\_

- ✓ Experience **1 or more** field trip(s) or GS event(s)  
Ideas of things to do outside of a troop meeting include:
  - 🍀 Visit a museum
  - 🍀 Attend a Service Unit event
  - 🍀 Attend a council event
  - 🍀 Check out a store or business that makes things and see what they do and how they do it (like DeBrand's Chocolate)

\*\*\*If visiting a business, check ahead of time for any COVID restrictions\*\*\*

We went/ we did this outside of our meeting place \_\_\_\_\_

- ✓ Hold **1** family event in the troop

Examples include:

- picnic in the park
- community service project
- virtual game night
- family olympics where families challenge families with relays, etc. This could be done virtually too!



Our families had a blast doing this together \_\_\_\_\_

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- ✓ Participate in the Cookie Program

- ✓ Set goals with the troop for the Cookie Program. Here are examples of things to perhaps include in goal setting:

- Craft and snack supplies
- Partial or full renewal fees provided by the troop
- Badges and pins
- Field trips
- Community service projects

Our troop goal was \_\_\_\_\_

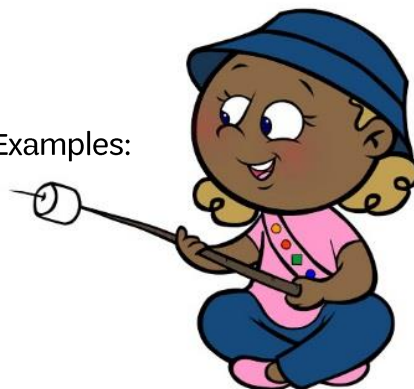
## Outdoor Adventure

### DO SOMETHING IN THE GREAT OUTDOORS

- ✓ Go outside and complete **1 or more** activities. Examples:

- Go play at the park
- Visit a council camp
- Take a hike
- Go on a scavenger hunt
- Go to the zoo
- Complete an outdoor badge

\*\*\* Follow social distancing guidelines\*\*\*



We can't wait to do this again! \_\_\_\_\_

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# Traditions and Celebrations

TAKE PART IN A PIECE OF GIRL SCOUT HISTORY!



✓ Participate in **1 or more** GS tradition(s)

Need ideas?? Here are a few:

- Learn and sing a GS song (check out gsLearn for a helpful song training!)
- Wear uniforms to a meeting, GS event, and/or a ceremony
- Plan and hold a troop ceremony
- Participate in a council ceremony
- Design and make S.W.A.P.S.
- Say the Promise & Law at a troop meeting or ceremony



Here is a link for further info on traditions - <https://www.girlscouts.org/en/about-girl-scouts/traditions.html>

Also check out our website for Tradition Tip Sheets for S.W.A.P.S., Sit-upons, and GS Handshake & Quiet Sign

The tradition we enjoy the most is \_\_\_\_\_

## Take Action!

DO A GOOD TURN



Can **one girl** make the world a better place?

**In Girl Scouts  
she can!**

✓ Complete **1** community service project

We made the world a better place by \_\_\_\_\_

\_\_\_\_\_