its more fun. **3** Plan Ahead Be prepared for emergencies, and always have

Safe Seller Tips

1 Show you're a Girl Scout

a plan for safeguarding money.

4 Protect Privacy

Girl Scouts

as a Girl Scout.

2 Buddy Up

Girl Scouts' last names, home addresses, and email addresses should never be given to customers. Protect customers' privacy by not sharing their information, except when necessary.

Wear the Girl Scout membership pin, vest, sash

or other Girl Scout clothing to identify yourself

Always use the buddy system. It's not just safe,

In Person

1 Partner with Adults

Adults must accompany Girl Scout Daisies, Brownies and Juniors. Girl Scouts in grades 6-12 must be supervised by an adult and must never sell or deliver cookies alone.

2 Sell in the Daytime by an adult

Nutrition Facts

Adventurefuls

abeling on the cookie package when it is received thside Food Solutions and others. All rights rese

l the Hea

About 7 servings per container Serving size 2 cookies (25g)

130

Calories Total Fat 6g 8% 23%

Saturated Fat 4.5g *Trans* Fat Og Cholesterol Omo 0% Sodium 55mg 2%

Total Carbohydrate 18g 7% Dietary Fiber Og 0% Total Sugars 11g Incl. 11g Added Sugars Protein <1a

Vit. D Omcg 0% Calcium Omg 0% Iron 1.1mg 6% Potas, Omg 0% *The % Daily Value (DV) tells you how much a nutrien in a serving of food contributes to a daily diet. 2,000

es a day is used for general nu SED WITH ALKALI

ENTS: SUGAR, ENRICHED WHEAT FLOUR (FLOUR, NIACI) THIAMINE MONONITRATE, RIBOFLAVIN, FOLI E OIL SHORTENING (PALM KERNEL AND PALI CONTAINS: WHEAT, SOY. ANUFACTURED IN A SHARED FACILITY WITH: ANUTS, COCONUT, MILK.

22%

Total Carbohydrate 22g 8% Dietary Fiber Og Total Sugars 11g Incl. 11g Added Sugars 22% Protein 1a Vit. D Omcg 0% Calcium Omg 0% Iron 1mg 6% Potas. 0mg 0% *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. INGREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, NIACII

ates, 1.5 Fai

it Butter Pati

izzoz ni

Foast-Yay

Calories

Saturated Fat 4.5g

Trans Fat Og

Cholesterol Ome

Sodium 95mg

Total Fat 6g

JCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIO), SUGAR, VEGETABLE OIL SHORTENING (PALM AND PALN VEL OILS), CORNSTARCH, INVERT SUGAR, CINNAMON VENING (AMMONIUM BICARBONATE, BAKING SO PYROPHOSPHATE, MONOCALCIUM PHOSPHATE RCH-MODIFIED, NATURAL FLAVOR, SOY LECT

SYRUP, ANNATO EXTRACT (COLOR), SOY LECITHI SYRUP, ANNATO EXTRACT (COLOR), CARAMEL COLOR CONTAINS: WHEAT, SOY. MANUFACTURED IN A SHARED FACILITY WITH: MILK, PEANUTS, COCONUT.

0%

5	Nutrition	Facts
r 9)	About 10 servings po Serving size 4 co	
	Amount per serving Calories	120
e*		% Daily Value*
%	Total Fat 4.5g	6%

Total Fat 4.5g	6%
Saturated Fat 2g	10%
<i>Trans</i> Fat Og	
Cholesterol Omg	0%
Sodium 110mg	5%
Total Carbohydrate 20g	7%
Dietary Fiber Og	0%
Total Sugars 6g	
Incl. 5g Added Sugars	10%
Protein 1g	
Vit. D Omcg 0%	n Omg 0%
Iron 1.3mg 8% Potas	. Omg 0%

When you buy **Girl Scout cookies** you are creating opportunities for Girl Scouts to learn, grow, and thrive.

From learning how to interact with customers to creating budgets and taking orders, the Girl Scout **Cookie Program** teaches Girl Scouts invaluable skills that they'll need to succeed throughout their lives.





Protein 1g /it. D Omcg 0% Calcium Omg O Iron 1.1mg 6% Potas. 0mg 0% The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

es a day is used for general nutrition ad INGREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, NIACI) REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE OIL SHORTENING (PALM AND PALM KERNEL OILS), CORNSTARCH, CORN SYRUP, LEAVENING (SODIUM ACID PYROPHOSPHATE, AMMONIUM BICARBOI NATURAL AND ARTIFICIAL FLAVOR, SALT, SOY EXTRACT (COLOR). CITRIC ACID, MALIC ACID CONTAINS: SOY. WHEAT. MANUFACTURED IN A SHARED FACILITY WITH: MILK, PEANUTS, COCONUT.

IENTS: ENRICHED WHEAT FLOUR (FLOUR, NIACIN NONITRATE, RIB (MILK), CORN SY IS: MILK, SOY, WHEAT MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, COCONUT DIET EXCHANGE: 1.5 Carbohydrates, 1 Fat

. 2.00



ard-ard res

First Name

Cookie Program Girl Scout

2025

doorT

My Goal

ənilnO



GirlScoutCookies.org

ABC Bakers is an official GSUSA licensee. Trefoil Design, are owned by Girl Scouts of the USA. trademarks and logotypes, including but not limited to the The GIRL SCOUTS® name and mark, and all other associated

toast-yay!

00 (§1₽2) ZO S.8 TW TEN

iburing terms , sydbood is going away! <code>[oast-yay]</code>

3 Do Not Enter Any Homes or Vehicles Never enter someone's home or vehicle Only approach vehicles at designated drive-thru cookie booths

🕘 Be Streetwise

Become familiar with the areas and neighborhoods where you'll be selling and delivering cookies. Avoid alleys

5 Be Safe on the Road

Always follow safe pedestrian practices when crossing at intersections or walking along roadways. Be aware of traffic when unloading products and passengers from vehicles.

Online

Be Safe Online

Girl Scouts must have their caregiver's permission to participate in all online activities

2 Participate in Digital Cookie

Read and abide by the Girl Scout Digital Cookie Pledge.

3 Read and agree.

Read and agree to the GSUSA Internet Safety Pledge.

4 Caregivers' agreement.

Read and abide by the Digital Cookie Terms and Conditions for Parents/Guardians.

Be sure to check Girl Scouts safety resources and guidelines - available for download at girlscoutcookies.org/troopleaders.

Thin Mints [®] Crispy chocolate wafers d in a mint chocolaty coatin			
Nutriti	ion	Fac	cts
About 8 servi Serving size			
Amount per serving	es	16	50
		% Daily	
Total Fat 7g			9%
Saturated Fa	t 5g		25%
Trans Fat Og			
Cholesterol Om	0		0%
Sodium 115mg			5%
Total Carbohyd		J	8%
Dietary Fiber	<u> </u>		2%
Total Sugars	•		
Incl. 11g A Protein 1g	dded Su	igars	22%
FIOLEIN TY			
Vit. D Omcg 0%	• C	alcium 0	mg 0%
Iron 2.4mg 15%	• 1	Potas. 30	mg 0%
*The % Daily Value (DV in a serving of food co calories a day is used	ontributes to	a daily diet	. 2,000
NGREDIENTS: ENRICHI EDUCED IRON, THIAMINE CID), SUGAR, VEGETABLE ERNEL OILS), COCOA (PI OLOR, INVERT SUGAR, SA	MONONITRA OIL SHORTE ROCESSED W	ate, ribofl Ening (palm Vith alkali)	avín, fo and pa , caran

1 5 Fat

	Crispy cookies layered with peanut butter and covered with a chocolaty coating
Facts	Nutrition Fac
container kies (33g)	About 7 servings per conta Serving size 2 cookies
160	Amount per serving Calories 13
% Daily Value*	% Daily
9%	Total Fat 7g
25%	Saturated Fat 4g
	Trans Fat Og
0%	Cholesterol Omg
5%	Sodium 75mg
8%	Total Carbohydrate 15g
2%	Dietary Fiber <1g
	Total Sugars 9g
gars 22%	Incl. 8g Added Sugars
	Protein 2g
lcium Omg 0%	Vit. D Omcg 0% Calcium 0
otas. 30mg 0%	Iron 0.9mg 6% • Potas. 0
v much a nutrient daily diet. 2,000 utrition advice.	*The % Daily Value (DV) tells you how much a in a serving of food contributes to a daily die calories a day is used for general nutrition ad
OUR (FLOUR, NIACIN, TE, RIBOFLAVIN, FOLIC IING (PALM AND PALM TH ALKALI), CARAMEL G (BAKING SODA), SOY D ARTIFICIAL FLAVOR. LITY WITH:	INGREDIENTS: SUGAP, PEANUT BUTTER PEANUTS, HYT PALM OL, CORN SYRUP SOLES, SALT), ENRICED W (FLOUR, NACON, REDUCE) DING, THAIDINE MON RIBORLAWIN, FOLIC ADDI, VEGETARLE OL, SHORT KERNEL AND PALM OLS), COCA PROCESSED WI INVERT SUGAR, LEAVENING (BAKING SOLA, MON PHOSPHATE, AMMONIUM BICARBONATE), SOY LEO MATURAL AND ARTICIOL, FLOVOR,
	CONTAINS: SOY, WHEAT, PEANUTS.
	MANUFACTURED IN A SHARED FACILITY WITH MILK, COCONUT.
@¤@	DIET EXCHANGE: 1 Carbohydrate, 1.5 Fats

1.5 Car

@0 @	DIET EXCHANGE: 1.5 Carbohydrates, 1.5 Fats	()o (t
	Caramel deLites* Crispy cookies topped with caramel, toasted coconut, and chocolaty stripes	
cts	Nutrition Fa	cts
tainer 5 (25g)	About 7 servings per cont Serving size 2 cookies	
30	Amount per serving Calories 14	10
ly Value* 9%	Total Fat 7g	y Value* 9%
20%	Saturated Fat 6g	30%
20%	Trans Fat Og	30%
0%	Cholesterol Omg	0%
3%	Sodium 50mg	2%
5%	Total Carbohydrate 19g	7%
3%	Dietary Fiber <1g	3%
	Total Sugars 12g	
16%	Incl. 10g Added Sugars	20%
	Protein <1g	
0mg 0%	Vit. D Omcg 0% Calcium (
0mg 0%	Iron 0.9mg 6% Potas. 0)mg 0%
a nutrient iet. 2,000 advice.	*The % Daily Value (DV) tells you how much a in a serving of food contributes to a daily die calories a day is used for general nutrition a	t. 2,000
NDROGENATED WHEAT FLOUR ONONITRATE, TENING (PALM WITH ALKALI), IONOCALCIUM ICITHIN, SALT, THI:	INGREDIENTS: SUGAE, UNICAED WEAT FLOUGE T EXOLUED ION, THAMINE MONOTHER: REGO RODIED ION, VIENTAMINE MONOTHER DA MONTER DA M. WIRKORGENIETE DOCOMITANI SS COCOUTI (DOCOMIT, SLA ITELS (PRESENAITING, WIRKT SUGAE, SWETCHER CONCOUNT AND SS COCOUTI (COCOMIT, SLA ITELS (PRESENAITING, WIRKT) SUGAES, SUGAES AND STATUS DESTINGS: COCO, PROCESSED WITH AIKAIL, SON (DOCOMIT, SLA ITS) VIETTING LAVENING CONTAINS: WHEAT, MILK, SOV, COCOMUT, MANUTACUTED IN A SIAMBED FACLITY WITH MANUTACUTED IN A SIAMBED FACLITY WITH	LAVIŃ, FOLI LIM KERNEI YBEAN OILS CORN SYRUI IILK, SUGAR BITOL, WHE BITOL, WHE AKING SOD/ CIAL FLAVO
@¤ @	PEANUTS. DIET EXCHANGE: 1 Carbohydrate, 1.5 Fats	@0 (9

@¤ (4		@¤ @
	Peanut Butter Sandwich Grisp and crunchy oatmeal cookies with creamy peanut butter filling	104
acts	Nutrition Fa	cts
ntainer es (28g)	About 7 servings per cont Serving size 3 cookies	
40	Amount per serving Calories 17	70
aily Value*	% Dai	ly Value*
9%	Total Fat 7g	9%
30%	Saturated Fat 2.5g	13%
	Trans Fat Og	
0%	Cholesterol Omg	0%
2%	Sodium 85mg	4%
7%	Total Carbohydrate 22g	8%
3%	Dietary Fiber 1g	4%
	Total Sugars 9g	
20%	Incl. 8g Added Sugars	16%
2070	Protein 3g	
	- Tetem og	
m Omg 0%	Vit. D Omcg 0% Calcium	0mg 0%
s. Omg 0%	Iron 1.1mg 6% Potas.	0mg 0%
ch a nutrient r diet. 2,000 on advice.	*The % Daily Value (DV) tells you how much a in a serving of food contributes to a daily di calories a day is used for general nutrition a	et. 2,000
R (FLOUR, NIACIN, 30FLAVIN, FOLIC) PALM KERNEL,) SOYBEAN OILS), (), CORN SYRUP, (), CORN SYRUP, SORBITOL, WHEY IG (BAKING SODA, ITIFICIAL FLAVOR.	INGREDIENTS: ENRICHED WHEAT FLOUR, FLOUR, IN IRON, THANME MONONITATE, RIBOR-LAWIN, FOLO, BUTTEN (FPANIS), FINOROGENITE ENRICH MOL, CONNI- SULT, SUCA, WHAE GRAWING, PANIS, MOL, SHOTTEN EIGERNEUT VERLE GRAWING, SOLOW, AND CHYOTHER BICHREDWITE, BANNIS SOLA, SOLOW, AND CHYOTHER STORE JEANNE, BANNIS SOLA, SOLOW, AND CHYOTHER STORE JEANNE BANNIS SOLAR AND CHYOTHER CONTAINS: SMILL, SOL, WHEAT, FLOURS TRACK-	ACID), PEANUT SYRUP SOLIDS, NG, DEXTROSE, (AMMONIUM SPHATE), CORN

Plus, the proceeds stay local and help build the next generation of entrepreneurs.



Find us on social! **f** FACEBOOK/@GIRLSCOUTSUSA **f** FACEBOOK/@ABCBAKERS

DIET EXCHA 1.5 Carbohy

1

ED IN A SHARED FACILITY WITH

000

Adventurefuls[®]

NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS Indulgent brownie-inspired cookies with caramel flavored crème and a hint of sea salt

vegan

Approx. Ct. 15 Net Wt. 6.5 oz. (184g) 2 cookies (25g) per serving 130 calories per serving

Toast-Yay!*

French Toast-inspired cookies dipped in delicious icing

Approx. Ct. 16 Net Wt. 8.5 oz. (241g) 2 cookies (31g) per serving 150 calories per serving

Lemonades

NATURALLY AND ARTIFICIALLY FLAVORED Savory slices of shortbread with a refreshingly tangy lemon flavored icing

Approx. Ct. 16 Net Wt. 8.5 oz (241g) 2 cookies (31g) per serving 150 calories per serving

FAN FAVORITE

Trefoils[®]

Approx. Ct. 40 Net Wt. 9 oz. (255g) 4 cookies (27g) per serving 120 calories per serving

Thin Mints[®]

Approx. Ct. 32 Net Wt. 9 oz. (255g) 4 cookies (33g) per serving 160 calories per serving

BEST SELLER!



Crispy cookies layered with peanut butter and covered with a chocolaty coating

Approx. Ct. 15 Net Wt. 6.5 oz (184g) 2 cookies (25g) per serving 130 calories per serving







Per Package

2

First Name Troop # Adult Contact's Name Adult Phone Number			Donate Cookie Package	Adventurefuls®	Toast-Yay!®	Lemonades®	Trefoils®	Thin Mints®	Peanut Butter Patties	Caramel deLites®	Peanut Butter Sandwi	Total Packages	Amount Due	Check when Paid		
#	Last Name (Print)	Address	Phone/Email				· · · · · · · · · · · · · · · · · · ·		f Pa	cka	ges				~	-
1																1
2																2
3 4																2
5																5
6	Thank	vou for														(
7			-													7
8	Suppor	ting Gir														٤
9																9
0	<u>Scouts</u>	. Through	gh the												$ \rightarrow $	1
1 2	Cirl Sc		1 •													1 1
3	-GIRI SC	out Coo	<u>kie</u>													1
4	Decement	R														1
15	Progra	m, giris	5													1
6	1															1
17	learnt	o lnink	like													1
8	antran															1
9 20	entrep	reneurs	as													1 2
20 21	they h	uild ago	optiol													2
2	they bu	and esse	ential													2
23	skills:	rooloott	ing													2
24	Skills:	goal sett	.mg,													2
25	docisio	n molzi	20													2
26	uecisio	II Maki	Ig,													2
27	monot	manad	omont													2
28 29	money	manag	cificiti,	-												2
.9 80	neonle	ekille a	nd													2
31	people	SKIIIS, A														3
32	husine	ss ethic	S													3
33	Dubine		0.													3
84	Sowh	en vou h	uv a													3
5		JII YOU N	ay a													3
6 7	-box-or	five-voi	i're													3 3
8		1110 900		-												ა 3
9	SUDDO	ting gir	ls'													3
0																4
1	succes	s and th	ie next													4
2																4
3	genera	tion of f	emale_													4
4			_													4
5 6	entrep	reneurs	•													4
6 7																4
8																4
9																4
0																5
			Total Total in red square must equal both across and down.								Ĩ	_	Π	Amount Due		1

Caramel	deLites [®]
---------	----------------------

Crispy cookies topped with caramel, toasted coconut, and chocolaty stripes

Approx. Ct. 15 Net Wt. 7 oz. (198g) 2 cookies (28g) per serving

BEST SELLER!

Peanut Butter Sandwich

Approx. Ct. 20 Net Wt. 8 oz. (227g) 3 cookies (34g) per serving 170 calories per serving

Girl Scout Cookie[™] proceeds stay local to power unique and amazing year-round adventures for girls in your local community.

Insert QR Code or URL